



Roots of Empathy  
Racines de l'empathie

## Volunteer as a Roots of Empathy Instructor!



### Seeking experienced volunteers to undertake an exciting opportunity as a Roots of Empathy Instructor

Roots of Empathy is an evidence-based program that has shown significant effect in reducing levels of aggression, including bullying, among school children while raising social and emotional competence and increasing empathy - the ability to understand how another person feels.

Instructors deliver all aspects of the Roots of Empathy curriculum in the classroom.

Becoming a Roots of Empathy Instructor:

- Instructors attend an intensive 4-day training before working in the classroom.
- The program is delivered by the Instructor over the course of 27 classroom visits throughout the school year.
- With the help of a community parent and baby, Instructors guide students in identifying and reflecting on their own feelings and the feelings of others.
- All candidates are encouraged to apply, however experience in child or infant development, parenting education, community development or teaching children in a classroom setting is an asset.

### For more information please contact:

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